



MENU

VERA
GRILL AND BAR

www.veragrillandbar.uk

APPETISERS

MIXED OLIVES (V) (VG) (GF)	4.95
GARLIC BREAD (GFO)	4.95
GARLIC BREAD WITH MOZZARELLA (GFO)	6.45
BLACK OLIVE TAPENADE (GFO) <i>served on sourdough bread</i>	5.95
TRIO DIPS <i>tarama, hummus, tzatziki served with bread</i>	9.95
MEZE PLATTER (2-3 people) <i>hummus - tzatziki - halloumi - sucuk - falafel - calamari - kofte</i>	21.95
VERA ANTIPASTI (GFO) (2-3 people) <i>parma ham, chorizo, pepperoni, goat cheese, gorgonzola, feta cheese, mixed olives, mixed leaves, parmesan flakes and sliced sourdough bread</i>	23.45
VERA' CHEESEBOARD (GFO) <i>a selection platter of fine cheese and sliced sourdough baguette, consisting of grana padano, gorgonzola, feta, buffalo mozzarella and goat cheese</i>	14.95
QUADRIS PLATTER (2-3 people) <i>a mixture platter of gamberoni all'aglio, buffalo mozzarella, parma ham, calamari and bruschetta pomodoro</i>	27.95

STARTERS

SMOKED SALMON WITH SMASHED AVOCADO <i>smashed creamy avocado served in a homemade tortilla bowl with lemon juice & olive oil</i>	9.45
BRUSCHETTA PROSCIUTTO (GFO) <i>chopped romana tomatoes with basil, garlic, olive oil, balsamic dressing with sourdough bread & parma ham</i>	9.45
PROSCIUTTO CON BUFFALO MOZZARELLA <i>served in a homemade tortilla bowl with parma ham, cherry tomato, mixed leaves & truffle oil</i>	9.95
BRUSCHETTA POMODORO (V) (GFO) <i>chopped romana tomatoes with basil, garlic, olive oil & balsamic dressing with sourdough bread</i>	7.95
BRUSCHETTA SALMON (GFO) <i>chopped romana tomatoes with basil, garlic, olive oil, balsamic dressing with sourdough bread & Scottish smoked salmon</i>	9.45
BUFFALO MOZZARELLA (V) <i>served in a homemade tortilla bowl with cherry tomato, mixed leaves & truffle oil</i>	7.95
GAMBERI FRITTI <i>lightly floured kings prawns, golden cooked, with onions and sweet peppers served with sweet chilli dipping sauce</i>	9.95

(GF) GLUTEN FREE (GFO) GLUTEN FREE OPTION (VG) VEGAN (V) VEGETARIAN

Sweet potato supplement £1.50

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CHICKEN WINGS (GFO)	9.45
<i>choose between a marination of BBQ sauce or hot spicy buffalo sauce or Mediterranean house marination</i>	
STEAK TACOS	9.95
<i>with red onions, mixed salad and avocado sauce, served on taco bread</i>	
SALMON TACOS	9.95
<i>Scottish smoked salmon, red onions, mixed salad and avocado sauce, served on taco bread topped off with lemon zest</i>	
VERA KINGS PRAWNS (GFO)	9.95
<i>specially seasoned kings prawns served with grilled sourdough bread</i>	
CHILLI MANGO PRAWNS	9.45
<i>breaded chilli mango prawns, fried to perfection, served mixed leaves salad and sweet chilli dipping sauce</i>	
GRILLED MINI-LAMB KOFTAS (GFO)	9.45
<i>spiced minced lamb koftas topped with grated mozzarella cheese served with sliced sourdough bread</i>	
HUMMUS KAVURMA	9.45
<i>pan fried lamb tenders served on a bed of creamy hummus served with toasted sourdough</i>	
ASPARAGI (GF)	9.45
<i>grilled asparagus wrapped in Parma ham and served with mixed salad, and parmesan</i>	
GARLIC MUSHROOMS (V) (GFO)	7.95
<i>sauteed mushrooms, creamy sauce, salt, pepper, chives & butter with grilled sliced sourdough bread</i>	
NEW ZEALAND GREEN SHELL MUSSELS (GFO)	9.95
<i>specially marinated creamy white wine mussel bowl served with sliced sourdough bread</i>	
ROASTED GOAT CHEESE (V) (GF)	9.45
<i>pomegranate, mixed leaves, red onion chutney, balsamic and extra virgin olive oil</i>	
FALAFEL (V) (VG)	7.95
<i>spiced herb chick peas & broad bean fritters served with hummus dip</i>	
AROMATIC DUCK SPRING ROLL	7.95
<i>served with sweet chilli dipping sauce</i>	
GRILLED HALLOUMI (V) (GF)	7.95
<i>grilled Cypriot cheese served with mixed leaves and sweet chilli dipping sauce</i>	
HALLOUMI FRITOS (V) (GF)	7.95
<i>served with sweet chilli sauce</i>	
SUCUK (GF)	7.95
<i>served with mixed leaves</i>	
CALAMARI	9.45
<i>salt & pepper squid, marinated and fried to golden perfection, served with homemade tartar sauce</i>	

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FROM THE GRILL

All our meats are sourced from local butchers and all red meats are cooked medium

MIX GRILL (GFO) <i>chicken shish, lamb middle neck, chicken wings, lamb cutlet and kofta, served with chips or cracked bulgur wheat & salad</i>	28.95
MIX SHISH (GFO) <i>marinated chicken and marinated lamb middle neck cubes served with chips or cracked bulgur wheat & salad</i>	23.95
LAMB SHISH AND LAMB KOFTA MIX (GFO) <i>marinated lamb middle neck cubes fillet cubed on skewers with a mix of marinated mediterranean lamb kofta served with chips or bulgur wheat and salad</i>	23.95
CHICKEN SHISH AND LAMB KOFTA MIX (GFO) <i>marinated chicken fillet, cubed on skewers with a mix of marinated Mediterranean lamb kofta served with chips or bulgur wheat and salad</i>	23.95
LAMB SHISH (GFO) <i>marinated lamb middle neck cubes cooked slowly to perfection, served with chips or cracked bulgur wheat and salad</i>	23.95
CHICKEN SHISH (GFO) <i>marinated cubed chicken on skewers cooked slowly to perfection, served with chips or cracked bulgur wheat, and salad</i>	21.95
SPICY CHICKEN SHISH (GFO) <i>grilled cubes of chicken breast, marinated in our chef's special spicy sauce, served with chips or cracked bulgur wheat & salad</i>	21.95
CHICKEN FILLET GRILL (GFO) <i>marinated chicken breast fillet cooked to perfection and served with grilled cherry tomato, Parmesan French fries, and Caesar salad</i>	21.95
BEST END LAMB CUTLETS (GFO) <i>best end lamb, seasoned and cooked to perfection, served with grilled cherry tomato, asparagus, roasted baby potatoes and mint sauce</i>	27.95
JUMBO CHICKEN WINGS (GF) <i>house marinated by our chefs to our secret recipe chicken wings served with chips & salad</i>	20.95
MITITE LAMB KOFTA (GFO) <i>marinated Mediterranean lamb kofta served with chips or bulgur wheat and salad</i>	21.95

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CHEFS SPECIALS

VERA CHICKEN SAUTEE (GFO) 19.95
pan-seared chicken cubes sauteed with onions, mushrooms, peppers, served with cracked bulgur wheat and salad

VERA LAMB SAUTEE (GFO) 20.95
pan-seared lamb middle neck cubes sauteed with onions, mushrooms, peppers and served with cracked bulgur wheat and salad

LAMB MOUSSAKA 20.95
layered minced lamb with potatoes, aubergine, courgette, mixed peppers, onions in a homemade tomato & bechamel sauce topped with mozzarella cheese, served with cracked bulgur wheat and salad

CHICKEN GUVEC 19.95
pan-fried chicken cubes sautéed with peppers, mushrooms, and onions, topped with a layer of melted mozzarella, served with a side of refreshing Mediterranean salad and fluffy bulgur

LAMB GUVEC 20.95
pan-fried lamb cubes sautéed with peppers, mushrooms, and onions, topped with a layer of melted mozzarella, served with a side of refreshing Mediterranean salad and fluffy bulgur

PRIME ABERDEEN ANGUS STEAKS

All our beef is pasture fed and aged for 21 days, which is easily identifiable through its unique flavour and tenderness served with grilled cherry tomatoes, french fries, green salad and a choice of peppercorn sauce or mushroom sauce

10OZ. 40-DAY DRY-AGED SIRLOIN STEAK (GF) 28.95
lean, well flavoured and tender, recommended medium rare

10OZ. 40-DAY DRY-AGED RIB EYE STEAK (GF) 31.95
this boneless steak is rich, tender, juicy and full of flavour with generous marbling throughout, recommended medium rare

8OZ. FILLET STEAK (GF) 33.95
lean, tender, juicy cooked medium rare

SURF & TURF (GFO) 41.95
40-day dry-aged rib-eye steak accompanied by pan-fried Tiger king prawns

ADD SAUTÉED MUSHROOMS 3.95
SAUTEED SPINACH 3.95

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SEAFOOD

VERA'S SEAFOOD PLATTER	27.95
<i>sea bass, tiger prawn, king prawns, calamari, mussels specially seasoned with white wine, served with grilled cherry tomato, asparagus, roasted baby potatoes and lemon dill sauce</i>	
TIGER KING PRAWN GARLIC BUTTER (GF)	24.95
<i>tiger size king prawn marinated with Vera's own garlic butter signature sauce, white wine, served with grilled cherry tomato, asparagus, roasted baby potatoes and lemon dill sauce</i>	
VERA'S TIGER KING PRAWNS (GF)	23.95
<i>specially seasoned with white wine tiger-sized king prawn, served with grilled cherry tomato, asparagus, roasted baby potatoes and lemon dill sauce</i>	
SCOTTISH SALMON FILLET (GFO)	21.95
<i>pan-fried, specially seasoned with white wine, comes with lemon dill sauce, served with grilled cherry tomato, asparagus, and roasted baby potatoes</i>	
MEDITERRANEAN SEA BASS FILLET (GFO)	20.95
<i>pan-fried, specially seasoned with white wine, comes with lemon dill sauce, served with grilled cherry tomato, asparagus, and roasted baby potatoes</i>	
PRAWN SAUTEE (GF)	21.95
<i>pan-fried peeled king prawn, sauteed with onions, mushrooms, peppers and white wine served with cracked bulgur wheat and salad</i>	

PASTA

All pasta dishes are also available in gluten free pasta

CARBONARA	16.95
<i>traditional italian carbonara with egg yolk, grana padano cheese with pancetta</i>	
PENNE CON POLLO	16.95
<i>penne cooked with creamy sauce, chicken, mushrooms, caramelised onions and garlic</i>	
FETTUCINE ALLA BOLOGNESE	15.95
<i>slow-cooked beef ragu, bolognese style</i>	
NAPOLITAN SAUCE SEAFOOD LINGUINE	16.95
<i>mixed seafood selection, with Vera's own napolitana sauce, garlic, onions & olive oil topped off with a Tiger Prawn</i>	
CREAMY SEAFOOD LINGUINE	16.95
<i>mixed seafood selection, Vera's Creamy sauce recipe, topped off with a Tiger Prawn</i>	
PENNE ARRABBIATA (V)	15.95
<i>penne with fresh chillies & chilli flakes with basil in napolitana sauce</i>	

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VEGETARIAN

VEGETARIAN MOUSSAKA (V)	18.95
<i>potatoes, courgettes, eggplant, coloured pepper with homemade napolitana sauce, homemade bechamel sauce and mozzarella cheese, served with chips or cracked bulgur wheat & salad</i>	
VEGETARIAN AUBERGINE KEBAB (V) (VG) (GF)	18.95
<i>grilled aubergine, tomatoes, mixed vegetables, topped with house napolitana sauce, served with chips or cracked bulgur wheat</i>	
HALLOUMI KEBAB (V) (GF)	18.95
<i>halloumi cheese, with fresh grilled mixed vegetables, served with chips or cracked bulgur wheat & salad</i>	
LOADED MEDITERRANEAN FALAFEL BOWL (V)	18.95
<i>feta cheese, grilled mixed vegetables, Mediterranean mixed olives, mixed salad. Served with chips or cracked bulgur wheat</i>	

WRAPS

Served with parmesan French fries

CHICKEN SHISH, AVOCADO, SALAD & ROASTED PEPPERS WRAP	17.95
LAMB SHISH SALAD WRAP	17.95
HALLOUMI, SUCUK, SALAD & ROASTED PEPPERS WRAP	17.95
FALAFEL & HUMUS SALAD WRAP (V) (VG)	15.95
MITITE LAMB SALAD KOFTA WRAP	17.95

BURGERS

*All burger dishes are also available in gluten-free bun
Served with parmesan French fries*

WAGYU BURGER	17.95
<i>8oz. Wagyu Burger patty served with lettuce, vine tomato, red onions, gherkins, monterrey jack cheese with aioli sauce</i>	
DOUBLE WAGYU BURGER	22.95
<i>double 8oz. Wagyu Burger patties served with lettuce, vine tomato, red onions, gherkins, monterrey jack cheese with aioli sauce</i>	
WAGYU TEXAN BURGER	17.95
<i>8oz. Wagyu Burger patty with BBQ sauce served with lettuce, vine tomato, red onions, gherkins, monterrey jack cheese</i>	
CHICKEN CAESAR BURGER	17.95
<i>panko coated succulent chicken breast fillet with caesar sauce, mild cheddar cheese, lettuce and gherkin served in a brioche bun</i>	
CALIFORNIAN CHICKEN BURGER	17.95
<i>chicken breast fillet, lettuce, vine tomatoes, red onions, gherkin, monterrey jack cheese and aioli sauce</i>	
HALLOUMI BURGER (V)	15.95
<i>grilled Halloumi cheese, lettuce, vine tomato, red onions, gherkin, roasted peppers with sweet chilli sauce</i>	

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SALADS

GREEK SALAD (V)	12.95
<i>traditional Greek salad with tomatoes, cucumbers, Greek olives and feta cheese</i>	
TRICOLORE SALAD (V)	12.95
<i>tomatoes, buffalo mozzarella, avocado, mixed leaves in-house dressing</i>	
CHICKEN CAESAR SALAD	19.95
<i>romaine lettuce, chicken, croutons, parmesan cheese in Caesar dressing</i>	
CHICKEN AVOCADO SALAD	21.95
<i>mixed leaves, grilled chicken breast fillet, avocado, tomatoes, olives, topped off with olive oil</i>	

KIDS MENU

9.95

All served with a scoop of ice cream

CHEESEBURGER & CHIPS
CHICKEN BURGER & CHIPS
CHICKEN SHISH & CHIPS
CHICKEN WINGS & CHIPS
PENNE TOMATO PASTA WITH MOZZARELLA CHEESE
CALAMARI & CHIPS
CHICKEN NUGGETS & CHIPS
SPAGHETTI BOLOGNESE 12.95

SIDES

MAC & CHEESE (V)	7.95
FRENCH FRIES (V) (VG) (GF)	4.45
PARMESAN FRENCH FRIES (V)	4.95
SWEET POTATO FRIES (V) (VG) (GF)	4.95
BULGUR (V) (VG)	3.95
ROASTED BABY POTATOES (V) (GF)	3.95
SAUTEED MUSHROOMS (V) (VG) (GFO)	3.95
SAUTEED SPINACH (V) (VG) (GFO)	3.95
ASPARAGUS (V) (VG) (GF)	3.95
COBAN SALAD (V) (VG) (GF)	6.95
WARM TURKISH FLAT BREAD (V)	2.95
ONION & TOMATO SALAD (V) (VG) (GF)	5.95
CAESAR SALAD (V)	5.95

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